



## VYSA COACHING DVD: VOLUME 1 ORDER FORM



The Virginia Youth Soccer Association is proud to offer this DVD  
to assist those who coach players U12 and older. We present practice sessions that follow the  
**principles of coaching, from simple to complex, taking you through a full practice from  
a warm up to a small sided game.**

**Included in this DVD:**

- Progressions within a practice (dribbling, passing/receiving, finishing, defending)
- A detailed focus on the technical aspects of the game
- Practice organizational tips (the use of neutral players, direction, objectives, and other training variables)
- Using coaching tools such as "Guided Discovery," quality demonstrations, detailed coaching points, and a wide variety of activities and exercises

--PLEASE FILL OUT ALL AREAS BELOW --

<b>NAME</b> _____ <b>STREET</b> _____ <b>EMAIL</b> _____	<b>SOCCER CLUB</b> _____ <b>STATE/ZIP</b> _____ <b>HOME PHONE</b> _____ <b>OFFICE PHONE</b> _____
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QUANTITY	ITEM	UNIT PRICE	TOTAL
	VYSA Coaching: Volume 1		
	Sub Total		
Final Invoice (including shipping), will be sent with the order.			

<p style="text-align: center;"><b>Send Order to the VYSA State Office:</b></p> <p style="text-align: center;"><b>Attention:</b> Jackie Burket at jackie@vysa.com          Office: (703)-494-0030          Fax: (703)-551-4114;          2239D Tackett's Mill Drive,          Woodbridge, VA 22192</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <th colspan="2" style="text-align: center;">DVD PRICE [VYSA MEMBER]</th> </tr> <tr> <td style="text-align: center;">1-5 units</td> <td style="text-align: center;">\$ 12.95</td> </tr> <tr> <td style="text-align: center;">5-25 units</td> <td style="text-align: center;">\$ 8.95</td> </tr> <tr> <td style="text-align: center;">26 + units</td> <td style="text-align: center;">\$ 7.95</td> </tr> <tr> <th colspan="2" style="text-align: center;">DVD PRICE [NON-VYSA MEMBER]</th> </tr> <tr> <td style="text-align: center;">per unit</td> <td style="text-align: center;">\$ 14.95</td> </tr> </table>	DVD PRICE [VYSA MEMBER]		1-5 units	\$ 12.95	5-25 units	\$ 8.95	26 + units	\$ 7.95	DVD PRICE [NON-VYSA MEMBER]		per unit	\$ 14.95
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